

## How Can A Student See The Counselor?

- **Self Referral**
- **Parent Referral**
- **Teacher/Staff Referral**
- **Referral by friend**

The middle school counselors welcome parent involvement. Parents are invited to contact their child's counselor with any concerns, input and/or requests for assistance regarding their child. **Together we are a team!**



### Informed Consent Guidelines

The general function of professional school counselors in the Blue Valley School District is to promote and enhance the learning process.

Working with students in an individual or group setting, school counselors assist students in: assessing personal needs; identifying obstacles that may be hindering student success; and developing a plan of action to manage the obstacles. Student participation in individual or group meetings with a counselor is voluntary.

All Blue Valley School District professional school counselors are expected to adhere to the ethical guidelines and standards of practice outlined in the American School Counselor Association- *Ethical Standards for School Counselors, 1998* and the American Counseling Association- *Code of Ethics*.

Communication between the professional school counselor and counselee (student) is considered to be confidential. The professional school counselor is expected to keep information confidential unless disclosure is required to prevent clear and imminent danger to the counselee or others or when legal requirements mandated by law (i.e., abuse, maltreatment, or neglect) demand that confidential information be revealed.

As appropriate, and consistent with ethical responsibilities to the school counselee, the professional school counselor will make reasonable effort to honor the requests of parents or guardians concerning the information that he/she may share regarding the counselee.

## Introducing

# The Counseling Program in Blue Valley Middle Schools



**Blue Valley School District #229**

**15020 Metcalf**

**Overland Park, KS 66283-0901**

**[www.bluevalleyk12.org](http://www.bluevalleyk12.org)**

**913.239.4000**

# Who is a Middle School Counselor?

A member of the middle school Professional Learning Community team who is a licensed teacher and has a masters degree or licensed in counseling. The role of a middle school counselor is defined by the Blue Valley Comprehensive K-12 Counseling and Guidance Program and encompasses three components:

## Counseling and Responsive Services

- Provide individual and group counseling
- Present information to classrooms or other large groups
- Consult and collaborate with teachers, staff and parents

## Teaming

- Coordinate the delivery of K-12 Counseling Curriculum
- Promote effective communication between the school, home and community

## Personal Life Planning

- Assist students in planning, monitoring, and managing educational, personal, social and career-life development
- Assist students and parents in the understanding of the results of assessment instruments

# Expected Middle School Counseling Curriculum Benchmarks

## The student will:

- Acquire and use self-knowledge
- Acquire and use interpersonal skills
- Acquire skills to make decisions and set goals.
- Acquire personal safety skills
- Demonstrate a positive academic self-concept
- Achieve school success
- Plan to achieve goals
- Relate school to life experience
- Develop career awareness
- Develop employment readiness
- Acquire career information
- Identify career goals
- Acquire knowledge to achieve career goals
- Apply skills to achieve career goals

For more information regarding the Blue Valley Counseling Curriculum, go to [www.bluevalleyk12.org](http://www.bluevalleyk12.org)

# Who seeks help from the Middle School Counselor?

## Students

- Friendship Issues
- Getting along with Family
- Grief, Loss and Divorce
- Bullying and harassment
- Positive Support
- Academic Concerns
- Social/Emotional Issues

## Parents

- Home and School Communication
- Developmental Behavior Issues
- Academic Transitions
- Parental Resources

